



# **JOANNE DOMINICO**

LEARNING STRATEGIST & ACADEMIC SUCCESS COACH



Joanne Dominico is a Learning Strategist and Academic Success Coach on a mission to help people to lead a Learning Lifestyle. Joanne helps educators, parents, and students of all age's master techniques for more holistic wellbeing and more efficient and effective learning. With over 20 years of experience working in diverse educational environments in the Greater Toronto Area, USA, and Bermuda, the self-proclaimed "Study Skills Ninja" now lends her expertise to Centennial College located in Toronto, Canada.

Through her personal practice, "Study with Joanne" she offers 1:1 consulting and group workshops to organizations, parents and students seeking to enhance productivity and learning capabilities inside and outside of the classroom. With a TEDx Talk under her belt, Joanne is proven to be an engaging and dynamic public speaker. She speaks to research that confirms the correlation between learning and overall wellness while highlighting the many ways taking care of yourself can help students to be more resilient academically and overall in life.

Yearly, Joanne delivers 100+ workshops and keynotes and has been featured on several major media outlets where she shares helpful tips on topics such as online learning, homeschooling success, time management, test preparation, and more. As someone who struggled to grasp learning material in school, Joanne finds true joy in serving this generation by being the person she needed when she was younger.

### MISSION STATEMENT

MY MISSION IS TO HELP OTHERS LEARN TO BE THE BEST VERSION OF THEMSELVES THROUGH THE INCORPORATION OF HEALTHY HABIT BUILDING, TIME MANAGEMENT AND RESEARCH-BACKED STRATEGIES FOR IMPROVING OVERALL WELLNESS, PRODUCTIVITY AND ACADEMIC SUCCESS.



#### **EDUCATION**

Master of Science, Occupational Therapy | McMaster University Bachelor of Physical Education (Honours) | Brock University

#### **SPECIALIZATIONS**

Media Learning Expert
Learning Strategies for elementary, high school and post-secondary students
Time management and organizational skills
Brain optimization for academic success
Online/ Virtual Learning
Homeschooling success
Parent support

#### PROFESSIONAL EXPERIENCE

Faculty Learning Strategist
Academic Counsellor
Assistive Technologist
School-based Occupational Therapist
Mental-health Occupational Therapist



#### **CERTIFICATIONS**

CPR & First Aid Mental Health First Aid SafeTalk Suicide Alertness Group Fitness Instructor, CanFitPro Text Help Read and Write

#### **AWARDS**

<u>The Colleges and Institutes Canada 2021 Leadership</u>

<u>Excellence Award for Non-Managerial Staff - Gold</u>



#### **VOLUNTEERISM**

Mentor for the Strong Hinkson Organization (Montreal, QC) Mayen and content contributor for Make Your Mark Toronto

#### SPEAKER COACHING CLIENTS

Mark Strong, Broadcaster & Entertainer
Alexandra Gator, YouTube Influencer & Former Home Editor at Chatelaine
Tyrone (T-Rexx) Edwards, E-Talk Reporter

#### SPEAKING ENGAGEMENTS AND KEYNOTES

TEDx Centennial College Toronto

<u>Exercise: A Key Ingredient in the Student Resilience Recipe</u>

World Conference on Online Learning

Meeting Students Where They're At...Online. A Profile of

Specialized Learning Supports for Online Learners



<u>BOOKINGS & INQUIRIES</u>: JENNY SHIN, MILESTONES PUBLIC RELATIONS +1-647-286-8584 | JSHIN@MILESTONES-PR.COM

## SOCIAL MEDIA









**RATES** 

AVALABLE UPON REQUEST



Click the link to see full article



HOW TO MAKE THE MOST OF ONLINE LEARNING



HOW TO SET YOURSELF UP FOR HOMESCHOOLING SUCCESS



DOMINICO SHARES PROVEN TIPS IN HER 2-PART WORKSHOP SERIES "TOOLS FOR SCHOOL"



ONLINE LEARNING TIPS FOR KIDS



ANSWERING QUESTIONS ABOUT STUDYING AT HOME AND DISTANCE LEARNING



TIPS FOR LEARNING AT HOME DURING AN EXTENDED BREAK



HOW PARENTS AND GUARDIANS CAN KEEP CHILDREN ON TRACK DURING SCHOOL CLOSURES



STRATEGIES TO ENCOURAGE STUDYING AND LIMIT SCREEN TIME



HOW PARENTS AND GUARDIANS CAN KEEP KIDS ENGAGED DURING SCHOOL CLOSURES



FIVE TIPS FOR TRANSITIONING TO POST-SECONDARY SCHOOL



TIPS FOR TEENS TO DECLUTTER THEIR SPACES AND IMPROVE FOCUS



THE IMPORTANCE OF TIME MANAGEMENT FOR LEARNING

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